

# Waterloo Wellington Hospitals Nuclear Medicine Requisition

## OFFICE USE ONLY

Exam Date: \_\_\_\_\_

Arrival Time: \_\_\_\_\_

Exam Time: \_\_\_\_\_

### Fax completed requisition to ONE Hospital:

Cambridge Memorial Hospital: (CMH) **519-740-4988**  
 Guelph General Hospital: (GGH) **519-766-9982**

Kitchener Waterloo Regional Nuclear Medicine (Main Site)  
 St. Mary's General Hospital: (SMGH) **519-749-6997**  
 Kitchener Waterloo Regional Nuclear Medicine (Satellite Site):  
 Grand River Hospital Site (GRH): **519-749-6997**

**\*\*Please note that all Nuclear Medicine tests  
require a booked appointment**

### Patient Information Other Reqs Associated to Patient? Y N

Last Name, First Name: _____ DOB: DD/MM/YYYY <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Unknown Street Address: _____ City/Town: _____ Province: _____ Postal Code: _____ Contact Number: _____ Home: _____ <input type="checkbox"/> Y <input type="checkbox"/> N Patient consents to leave message Other: _____ <input type="checkbox"/> Y <input type="checkbox"/> N Patient consents to leave message Preferred Language: <input type="checkbox"/> English <input type="checkbox"/> Other: _____ <input type="checkbox"/> Y <input type="checkbox"/> N <b>An interpreter is required to consent to the procedure.</b> <b>CMH, GGH, GRH and SMGH have interpretation services available.</b>	Health Card #: _____ VC: _____ WSIB? <input type="checkbox"/> Y <input type="checkbox"/> N Injury Date: DD/MM/YYYY Please include Claim #: _____ Other Insurance? Third Party or Self Pay Specify: _____ <div style="border: 1px solid black; padding: 5px; text-align: center;"><b>Required Patient Information:</b></div> Height: _____ (cm) Weight: _____ (kg) <input type="checkbox"/> Restricted Mobility <input type="checkbox"/> Outpatient <input type="checkbox"/> Pediatric Under 10 yrs <input type="checkbox"/> In-patient Rm/Loc <input type="checkbox"/> Patient Pregnant <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Patient Diabetic? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Patient Nursing? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, please bring diabetic medications
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### EXAM INFORMATION: PHYSICIAN TO COMPLETE **\*\*INCOMPLETE REQUISITIONS WILL BE RETURNED\*\***

Ordering Physician Name (Please print): _____ Contact #: _____ Fax#: _____	Signature _____ Date _____ URGENCY <input type="checkbox"/> Urgent <input type="checkbox"/> Semi-Urgent <input type="checkbox"/> Routine
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Copy to (Please print) \_\_\_\_\_

**Clinical History/Indication (reason for exam)**  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### Select Region/Organ of Interest:

<b>CARDIAC</b> Myocardial Perfusion <input type="checkbox"/> Exercise Treadmill <input type="checkbox"/> Pharmacologic stress <input type="checkbox"/> Rest Only Thallium Perfusion for viability (not performed at GGH) <input type="checkbox"/> Wall Motion (MUGA) <b>F/U</b> <b>GI</b> <input type="checkbox"/> Biliary Scan Specify: _____ <input type="checkbox"/> Liver/Spleen <input type="checkbox"/> Liver Hemangioma <input type="checkbox"/> GI Bleed <input type="checkbox"/> Meckels Scan <input type="checkbox"/> Salivary Scan <input type="checkbox"/> Py Test (H-Pylori) (SMGH & GRH Only) <input type="checkbox"/> Gastric Emptying (Not provided at CMH) <input type="checkbox"/> Solid <input type="checkbox"/> Liquid (GGH only)	<b>SKELETAL</b> <input type="checkbox"/> Bone Scan <b>F/U</b> <b>GU</b> <input type="checkbox"/> Renal Routine - CMH/GGH SMGH & GRH - please choose one: <input type="checkbox"/> MAG 3 <input type="checkbox"/> DTPA <input type="checkbox"/> Renal Diuretic <input type="checkbox"/> Renal Captopril <input type="checkbox"/> Renal Cortical <b>BRAIN (SMGH &amp; GRH only)</b> <input type="checkbox"/> Brain Perfusion SPECT <input type="checkbox"/> Cisternogram (CSF Flow) <b>LUNG</b> <input type="checkbox"/> Ventilation/Perfusion (VQ) <input type="checkbox"/> V/Q with Quantitation <b>THERAPY (SMGH &amp; GRH only)</b> <input type="checkbox"/> _____	<b>ENDOCRINE</b> <input type="checkbox"/> Thyroid Uptake/Scan <input type="checkbox"/> Thyroid Uptake Only _____ <input type="checkbox"/> Thyroid Scan Only For Thyroid requests, please answer: Is patient on thyroid medications <input type="checkbox"/> Y <input type="checkbox"/> N Is patient on multivitamins <input type="checkbox"/> Y <input type="checkbox"/> N Has patient had a recent CT with IV contrast <input type="checkbox"/> Y <input type="checkbox"/> N <input type="checkbox"/> Parathyroid <b>MISCELLANEOUS</b> <input type="checkbox"/> Sentinel Node <input type="checkbox"/> Left Breast <input type="checkbox"/> Right Breast <input type="checkbox"/> Melanoma Implants <input type="checkbox"/> Y <input type="checkbox"/> N Specify: OR Date: _____ OR Time: _____ <b>Infection/Neoplasm</b> <input type="checkbox"/> Gallium Scan <input type="checkbox"/> White Cell Scan (not provided at CMH) <b>OTHER</b> <input type="checkbox"/> _____
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## Please indicate location of Nuclear Medicine examination for Patient:

**Cambridge Memorial Hospital**  
700 Coronation Blvd.  
Cambridge ON N1R 3G2

Telephone: 519-621-2333 x2245  
Fax: 519-740-4988  
www.cmh.org

- All patients are to register in the Diagnostic Imaging Department, located on the **1<sup>st</sup> Floor** of the hospital's **A Wing**, at the indicated arrival time.

**Guelph General Hospital**  
115 Delhi St.  
Guelph ON N1E 4J4

Telephone: 519-837-6413  
Fax: 519-766-9982  
www.gghorg.ca

- All patients are to register in the hospital's Diagnostic Imaging Department, located on the **3<sup>rd</sup> Floor**, at the indicated arrival time.

**Kitchener Waterloo Regional Nuclear Medicine (Main Site)**  
**St. Mary's General Hospital**  
911 Queen's Blvd  
Kitchener ON N2M 1B2

Telephone: 519-749-6495  
Fax: 519-749-6997  
www.smgh.ca

- All patients are to register in the hospital's Diagnostic Imaging Department, located on the **1<sup>st</sup> Floor**, at the indicated arrival time.

**Kitchener Waterloo Regional Nuclear Medicine (Satellite Site)**  
**Grand River Hospital**  
835 King St. W  
Kitchener ON N2G 1G3

Telephone: 519-749-6495  
Fax: 519-749-6997  
www.grhosp.on.ca

- All patients are to register in the Department of Medical Imaging, located on the **2<sup>nd</sup> Floor** of the hospital's **D Wing**, at the indicated arrival time.

### How to prepare for your Nuclear Medicine Examination

Type of Study	Patient Preparation	Expected Time	Visit Detail
BONE	No preparation	1 <sup>st</sup> Visit: 15 Minutes 2 <sup>nd</sup> visit: 1 hour	1 <sup>st</sup> visit: Injection 2 <sup>nd</sup> visit 2-4 hours later Imaging
BRAIN	Nothing to eat or drink 4 hours before test	2-4 hours	Injection upon arrival followed by Imaging
GALLIUM	No preparation	1 <sup>st</sup> Visit: 15 Minutes 2 <sup>nd</sup> visit: 1-2 hours	1 <sup>st</sup> visit: Injection 2 <sup>nd</sup> visit: Imaging
GASTRIC EMPTYING (GET)	<ul style="list-style-type: none"> <li>• Nothing to eat or drink after midnight</li> <li>• Notify department if you have an allergy to eggs, food restrictions or are Type I diabetic</li> <li>• Diabetic patients, bring insulin and glucose monitor</li> <li>• Check with your doctor about stopping medications</li> </ul>	4 hours	Provided a standardized meal and Imaging up to 4 hours.
LIVER & SPLEEN SCAN	No preparation	45 minutes	Injection upon arrival followed by Imaging
LUNG SCAN (V/Q)	Need recent CXR 24-48 hours prior to lung scan (GGH only)	1 hour	Imaging immediately
MYOCARDIAL PERFUSION	Please refer to separate listing of instructions provided by your physician	1 <sup>st</sup> Visit: up to 2 hours 2 <sup>nd</sup> visit: up to 3 hours	Please refer to separate listing of instructions provided by your physician
PARATHYROID	No preparation	Up to 4 hours	Injection upon arrival 1 <sup>st</sup> imaging at 15 minutes 2 <sup>nd</sup> imaging at 3-4 hours
RENAL DIURETIC	Drink 3-4 glasses of fluids/water prior to test	1 hour	Injection upon arrival followed by Imaging
RENAL with CAPTOPRIL	<ul style="list-style-type: none"> <li>• Check with your doctor about stopping medications</li> <li>• Drink 3-4 glasses of fluids/water prior to test</li> <li>• No food 4 hours prior to test</li> <li>• Bring a list of medications</li> </ul>	1 <sup>st</sup> Visit: 2 hours 2 <sup>nd</sup> visit: 45 minutes may be required based on results of 1 <sup>st</sup> visit	1 <sup>st</sup> Visit: Oral Captopril given upon arrival Injection at 1 hour followed by Imaging 2 <sup>nd</sup> Visit: Injection upon arrival followed by Imaging
SALIVARY	No preparation	1 hour	Injection upon arrival followed by Imaging
SENTINEL NODE	No preparation	2 hours	Injection upon arrival followed by Imaging
THYROID UPTAKE AND SCAN	<ul style="list-style-type: none"> <li>• Check with your doctor about stopping medications</li> <li>• No CT contrast for 30 days prior to test</li> </ul>	1 <sup>st</sup> Visit: 15 minutes 2 <sup>nd</sup> visit: 45 minutes	1 <sup>st</sup> Visit: Pill ingestion 2 <sup>nd</sup> visit: Injection upon arrival followed by Imaging
WALL MOTION (MUGA)	No preparation	1.5 hours	Injection upon arrival followed by Imaging

### Important

- Please bring your **Ontario Health Card** and this form to your appointment
- **Patients must be able to consent to the procedure. If language is a barrier, please bring an interpreter.**
- If you are unable to keep your appointment, please give us 48 hours' notice
- We kindly ask that you do not wear or apply fragrances in support of our Fragrance Free policies.