



Your CMH is Future Ready

Community Report



PHOTO: LISA (SECOND FROM LEFT) AND PATRICK SHARE IN CONVERSATION WITH VOLUNTEERS AND COMMUNITY MEMBERS AT THE DIAGNOSTIC IMAGING OPEN HOUSE.

COVER PHOTO: DR. KATHRYN SAWA INTRODUCES A NEW SURGICAL PROCEDURE FOR BREAST RECONSTRUCTION.

USED WITH PERMISSION FROM THE WATERLOO REGION RECORD, PHOTO MAT MCCARTHY/WATERLOO REGION RECORD

To serve you better, several new spaces opened this year: Diagnostic Imaging, Nuclear Medicine, and Endoscopy.

WE ACKNOWLEDGE THAT CMH IS LOCATED ON THE LANDS TRADITIONALLY USED BY THE HAUDENOSAUNEE, ANISHINAABE, AND CHONNONTON PEOPLES. WE ACKNOWLEDGE THE ENDURING PRESENCE AND DEEP TRADITIONAL KNOWLEDGE, LAWS, AND PHILOSOPHIES OF THE INDIGENOUS PEOPLES WITH WHOM WE SHARE THIS LAND.

Because of You, CMH Becomes Future Ready

Did you know that when our Wing B Tower opens in early 2025, CMH will be the most technologically advanced hospital in our region? This future ready state is a testament to our Hospital Champions – volunteers, donors, nurses, doctors, and staff who ensure our hospital is always here when we need it most.

In 2024, our Foundation achieved its highest revenue ever, thanks to the generous support of our 3,558 donors. We can't thank you enough, and we want you to know that community support means so much to all of us here at CMH.

Guided by our Strategic Plan, #reimagineCMH, we are advancing, elevating, and sustaining community health for you. We will soon upgrade our Mammography and Hospital Information System and install a new MRI – modern technology for our modern Hospital. Additionally, we will highlight the importance of everyday equipment for patient care. Funded solely by donations, items like stretchers, treatment chairs, vital signs monitors, and beds are crucial to supporting the patient's journey.

We look forward to welcoming you to our Community Open House this winter to celebrate the completion of construction. You will see firsthand our commitment to being future ready, always exploring innovative ways to care for you and your family.

Patrick Gaskin, President and CEO
Cambridge Memorial Hospital

Lisa Short, Executive Director
Cambridge Memorial Hospital Foundation



Welcome to Your New Hospital!

The near completion of the final phase of our Capital Redevelopment Project is truly something to celebrate! Almost 5 years to the day that we cut the ribbon on Wing A, we will be hosting our Wing B Community Open House.

Inpatient Acute Rehabilitation - Wing B, Level 3

After shifting Rehabilitation services to Grand River Hospital's Freeport site during renovations, we are excited to reopen our Rehabilitation Unit. Its modern patient rooms and spacious therapy areas will enhance the patient and staff experience.

Gore Mutual has generously invested \$1.3 million in CMH, and in recognition of their latest gift, CMH is honoured to be opening the new Gore Mutual Rehabilitation Unit. Equipped with a state-of-the-art Gym, Dining Area, Activity Room and Lounge, 11 private rooms and 2 semi-private rooms will accommodate 15 beds along the Hospital's north side. One additional bedroom is designed with a small kitchen, for patients to practice common mobility tasks before returning home.

Inpatient Medicine B - Wing B, Level 2

'Med B' is one of the last units to move out of the existing Wing B, temporarily occupying the 4th floor. Our new Medicine B Unit will offer 35 beds, mostly private rooms.



Inpatient Surgery - Wing B, Level 4

Supporting the new Operating Rooms will be 27 private rooms and 4 semi-private rooms. Both Surgery and Medicine B will have a satellite Gym and a dedicated Lounge for patients and visitors.

Wing B will be equipped with modern medical equipment, accessible rooms, and comfortable furniture that upholds infection control standards.

Other patient areas opening in 2025 include a new Fracture Clinic, Bone Mineral Density testing, Ultrasound and Mammography area, as well as Phlebotomy services. With Wings A and B complete, CMH will be future ready!

PHOTOS: (TOP) CMH BOARD MEMBERS TOUR AREAS OF WING B NEARING COMPLETION. (BOTTOM) OUR NEW INPATIENT REHABILITATION WILL INCLUDE PATIENT EQUIPMENT SIMILAR TO ITEMS PICTURED HERE IN OUR SATELLITE REHAB GYM IN WING A.

An exceptional healthcare organization keeping



Supporting Adam Through Liver Crisis

Grateful patient, Adam Zinger, credits the team at CMH's Emergency Department and Regional Liver Health Program for saving his life.

"As I approached my 50th birthday, I was living life, spending time with family and the woman I wanted to marry. Gradually, I started to feel unwell. After a family doctor check-up and blood work, I was advised to go immediately to the Emergency Department. I was terrified.

Tests revealed I was in stage 4 liver failure. I was referred to the CMH Regional Liver Health Program where I met with Dr. Nguyen and Dr. Sarfaraz.

Unfortunately, despite immediate treatment, my liver would not recover, and I needed a new one. The Liver Clinic kept me alive until I underwent a transplant. The expertise and compassionate care I received at CMH was exemplary."

Foundation Surpasses Spotlight MRI Goal

In September 2022, the Foundation launched Spotlight MRI, seeking \$5 million to fund a new state-of-the-art MRI. In February 2024, our CMHReveal gala guests and sponsors raised a record \$506,000, allowing us to surpass the goal of Spotlight MRI and consider our next focus.

Our recently launched Spotlight Comfort & Care highlights the need for equipment essential to patient comfort. In the next 3 years, CMH will need \$4 million to purchase new and replacement equipment that empowers our healthcare team and ensures our patients are comfortable.

Our first gift in support of Spotlight Comfort & Care is from Angelo and Monica Loberto, who will be recognized by naming our Diagnostic Imaging Waiting Area. Their investment in both Spotlights is helping CMH to become the most technologically advanced hospital in Waterloo Region.



Dr. David Cape, ICU, a CMH organ donation champion, was recognized this past year by the Trillium Gift of Life Network for facilitating a donation that saved the lives of 4 adults awaiting transplants.

people at the heart of all we do.



An historic \$2M legacy gift from the late Robert (Bob) Cunningham will fund MRI and pharmacy equipment, and name the Diagnostic Imaging Department.



This year CMHF granted \$3,966,500 to CMH. For a list of 2023 donors, please visit www.cmhfoundation.ca or view our new Digital Donor wall in the Lobby of Wing A.



Community support shone brightly during Trees of Caring when hundreds of donors honoured their loved ones with a lightbulb. This year's letter will arrive in November.

Financials

(2023-2024)

CMHF Snapshot

ANNUAL GIVING

\$725,705

LEGACY GIFTS

\$3,065,971

(LAST YEAR \$905,731)

MAJOR GIFTS

\$2,531,721

SPECIAL EVENTS

\$589,963

TOTAL REVENUE

\$6,913,360

(LAST YEAR \$4,038,454)

TOTAL EXPENSES

\$1,684,289

CMH Snapshot

OPERATING REVENUES

\$217,264,000

OPERATING EXPENSES

\$203,776,000

SURPLUS

\$11,701,000*

(after amortization)

Audited Financial Statements available on our websites

*THE MINISTRY CONTINUES ITS EFFORTS TO BUILD A MODERN, SUSTAINABLE, AND INTEGRATED HEALTH CARE SYSTEM THAT MEETS THE NEEDS OF ONTARIO'S PATIENTS. THE CMH 2023-24 SURPLUS IS ATTRIBUTED TO POST CONSTRUCTION OPERATING PLAN (PCOP) FUNDING THAT HELPS HOSPITALS GROW THEIR SERVICES DURING AND AFTER A MAJOR CONSTRUCTION PROJECT. CMH RECEIVED ONE-TIME PCOP FUNDING OF \$8M, AND \$3M FROM VOLUME-BASED SURGICAL RECOVERY FUNDING.

Together, we make it possible.

Vital Stats (2023-2024)



280
Volunteers



1,527
Employees
264 Physicians
14 Midwives



14,908
Day and Inpatient
Surgeries



17,563
Mental Health
Outpatients



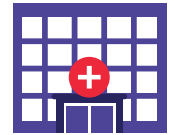
3,558
Donors



1,642
Babies
Born



44,133
Emergency
Visits



1,409
Mental Health Day
Hospital
Attendance Days

FIESTA MEXICANA

CMHReveal
February 21, 2025
Tapestry Hall

Enjoy a Mexican inspired evening,
celebrating and raising funds for
Mammography.

Community Open House for Wing B

You're Invited!
January 2025

The future is now. Come explore the
most advanced hospital in Waterloo
Region, made possible by your
donations. Details coming soon!



SCAN
TO GIVE

Scan this code to help CMH.

Cambridge Memorial Hospital Foundation
700 Coronation Blvd., Cambridge, ON, N1R 3G2
519-740-4966
Charitable Registration: 11882 6288 RR0001

www.cmh.org
www.cmhfoundation.ca